

## **The Anglican Church of Luxembourg**

### **Wellsprings AGM Report 2015-2016**

The contemplative prayer group *Wellsprings* offers a time to pray and simply be aware of God's presence, in the company of other people, in a relaxed home environment. *Wellsprings* warmly welcomes everyone.

*Wellsprings* has been meeting fortnightly on Thursday evenings since early 2011. It enjoys the regular attendance of a core group of about 5-8 people, with a number of others who come when they are in town and available. Amongst the regular attendees are Christians from other churches in Luxembourg.

The sessions focus on Meditation of Scriptures and silent Contemplation, through the ancient practice of Lectio Divina (Sacred Readings) and Ignatian Imaginative Prayer. We also take time for prayerful reflection of the day (called Examen), intercessions, the Lord's Prayer and the Grace. All of this is followed by a time of refreshments and fellowship. In recent meetings we have started our meeting by singing or listening to a short praise or Taizé song.

Meditations this year have been led by Felix Rusere, Paula Lehtinen, Esmée Chengapen, Ann Thorogood, Simon Norcross and Cheryl Fisher along with Ralph and Carol Birch, Andrew Gray, Graham and Isobel Weller who have also lead intercessions.

*Cheryl Fisher*