

The Anglican Church of Luxembourg Wellsprings AGM Report 2014 - 2015

The contemplative prayer group *Wellsprings* offers a time to pray and simply be aware of God's presence, in the company of other people, in a relaxed home environment. *Wellsprings* warmly welcomes everyone.

Wellsprings have been meeting fortnightly on Thursday evenings since early 2011. It enjoys the regular attendance of a core group of about 5-8 people, with a number of others who come when they are in town and available. Several new people have also joined the group this year.

The sessions focus on Meditation of Scriptures and silent Contemplation, through the ancient practice of Lectio Divina (Sacred Readings) and Ignatian Imaginative Prayer. We also take time for prayerful reflection of the day (called Examen), intercessions, the Lord's Prayer and the Grace. All of this is followed by a time of refreshments and fellowship.

Meditations this year have been led by Felix Rusere, Esmée Chengapen, Ann Thorogood, Simon Norcross and Cheryl Fisher. Paula Laehtiney will lead her first meeting later this month. The team meet approximately once per quarter for coordinated planning and formation.

Intercessions have been led by Simon Norcross, Andrew Grey, Carol and Ralph Birch as well as those leading the meditations.

Cheryl Fisher