

## **The Anglican Church of Luxembourg**

### ***Wellsprings* Report – 2013**

The contemplative prayer group *Wellsprings* offers a time to pray and simply be aware of God's presence, in the company of other people, in a relaxed home environment. *Wellsprings* warmly welcomes everyone.

*Wellsprings* have been meeting fortnightly on Thursday evenings since early 2011. It enjoys the regular attendance of a core group of about 8-10 people, with a number of others who come when they are in town and available. Several new people have also joined the group this year.

The sessions focus on Meditation of Scriptures and silent Contemplation, through the ancient practice of Lectio Divina (Sacred Readings) and Ignatian Imaginative Prayer. We also take time for prayerful reflection of the day (called Examen), intercessions, the Lord's Prayer and the Grace. All of this is followed by a time of refreshments and fellowship.

*Wellsprings* sessions this year have focused on themes such as *Being a child of God*, *Biblical Images of God* and *Walking with Jesus* and have drawn on readings from the Psalms, Isaiah and the Gospels.

Meditations this year have been led by Cheryl Fisher, Felix Rusere and Ann Thorogood. The leadership team meet approximately once per quarter for coordinated planning and formation.

Intercessions have been led by Simon Norcross and Felix Rusere.

Cheryl and Simon have kindly taken the role of primary hosts to the group.

In September, a *Wellsprings Bring and Share Lunch* was hosted by the Boelen family. The aim of the lunch was to welcome potential newcomers and offer fellowship to those who already attend.

A big *thank you* to all who have hosted and led this year!

*Susan Bolen*